

Construction

March 18, 2009

\$16.2M Oregon wellness center ready to start

By [JOURNAL STAFF](#)



Image by Johnston Architects

Mid-Columbia Medical Center on Monday is expected to start preliminary site work on its \$16.2 million wellness center at the mixed-use Lone Pine development near the Columbia River in The Dalles, Ore.

When finished late this year or in early 2010, the 57,000-square-foot facility will house a collection of patient-focused health-care programs and services.

Designed by Seattle's Johnston Architects, the wellness center has references to the area's coastal character and American Indian roots. The three-story building will house: fitness facilities, including a gym, cardio workout areas and three pools; physical therapy, hydro-chromo therapy, massage and acupuncture; a sleep research center; and exam rooms and offices.

The building is targeted for LEED silver certification, with sustainable features such as high-efficiency heating and cooling systems, heat-recovery ventilation, energy-smart lighting, water-efficient fixtures and drought-tolerant landscaping. Designers are also exploring options to harness power from the area's windy climate.

Lone Pine is a commercial and residential project being developed by Icon West and built by Integrity Structures, which also is the general contractor for the wellness center. Johnston Architects is designing 12 prototypes for 78 residences that will be constructed at the west end of Lone Pine.